



Discover the best care for your loved one with Adult Home Health Care. We are dedicated in providing the finest non-medical in-home care for seniors, sick and disabled. We will help you maintain a feeling of independence, preserve your dignity and enhance the quality of your life.

Our Complete Solution for Home Care:

- ➔ Non-Medical Home Care
- ➔ Home Care Medical Equipment & Supplies
- ➔ Home Placement

Our Clients are Protected with Workers' Compensation, Bonding & Professional Liability Insurance

Registered Nurse (RN)
 Licensed Vocational Nurse (LVN)
 Home Health Aide (HHA)
 Certified Nurse Aide (CNA)

Adult Home Health Care Complies with Home Care Rules and Regulations Set Forth by the State of California.

"Dear Adult Home Health Care,

May all your days be filled with warmth, love, joy & happiness- you brought that to me/us when you came into our lives, my last days were stress free when you were taking care of us. God bless you Ryan! Mom would also say, "I thank the Lord for you!" To our wonderful caregiver, Ryan we cherish the days you were with our mother. Because of you we did not stress and worry as before. We are so grateful you were and will continue to be in our lives.

With Love, The Family of Aliko, Lea, Ellie, & Brian."

La Jolla, Ca

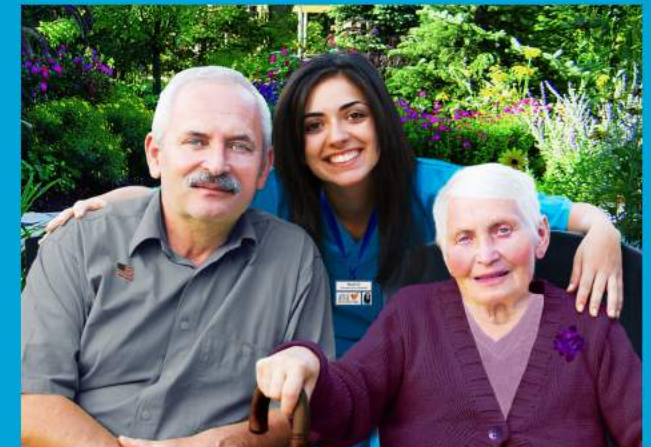


Ask About the Veteran & Surviving Spouse Long Term Care Benefits.



**Office: 619-940-6561
 Call Us 24/7**

info@adulthomehealthcare.com
www.adulthomehealthcare.com
 CA Home Care License # 374700064



Your Complete Solution for Home Care

**Call Us Today!
 619-940-6561**



Veteran Owned and Operated

Do you need professional care for your loved one at home?



Assistance with range of motion and exercise.



Our passionate & skilled caregivers can provide in-home recovery care services.



Our professional team will help you maintain a clean home environment.



Adult Home Health Care offers hourly and 24 hour home care with a vast assortment of non-medical support for:

- Senior Home Care
- Alzheimer's and Dementia Care
- Parkinson's Home Care
- Adults with Disabilities
- Hospital to Home Care Recovery
- Stroke & Cancer Recovery at Home
- Hospice | Palliative Home Care Support
- Respite Home Care

Our assortment of in-home care services includes but is not limited to:

- Assistance with Bathing or Showering
- Dressing, Grooming & Hygiene Assistance
- Incontinence Care
- Assistance with Light Stretching & Exercise
- Housekeeping & Laundry
- Medication Reminders
- Plan the Day's Schedule
- Assisted Transportation
- Grocery Shopping
- Meal Preparation
- Assist with Ambulating
- Appointments
- Companionship
- Memory Care Engagement



Do you need assistance with preparing your favorite home cooked meals?



Transportation service to your Doctor appointments, errands and more.



Home Care Medical Equipment & Supplies

